



Caring For You, As You Care For Others

We combine ministry experience with our unique ReStory® approach in consulting, counseling, marriage, and online offerings. Let us help you come alive to all that God has for you and the people you steward.



Our Services

- Consulting Services
- Mental Wellness Partnership Program
- Counseling and More
- Online Courses and Packages
- Speakers
- Equipping Men
- Engaging Women



Consulting Services

Ultimately, wading into difficult conversations and addressing tough issues directly is what we do. With our ReStory® lens, we facilitate restorative intensives for board members and staff, help with the dismissal of executive leadership or organizations which need to dissolve, guide significant shifts in board positions and leadership, or offer spaces for communities to share in collective grief exercises. We work with your unique team and situation to chart a path forward.

Offerings

- Culture Assessment and Review
- Leadership Development
- Governance Review
- Board and Staff Consultation
- Reconciliation Intensive
- Spiritual Abuse Education and Recovery
- Staff Development Workshop
- Grief, Loss, and Trauma Care
- Leadership Failure Care and Consultation
- Soul Care Retreats
- Sexual Abuse Prevention Training, Assessment, and Consultation
- Additional Services Available As Needed



Consulting Team



Chris Bruno

Chris Bruno is a licensed professional counselor in Colorado, with 15 years of experience working with individuals and organizations in the realms of trauma, abuse, and recovery. He has a Master of Communication with an emphasis on Organizational Leadership from Northwestern University, and a Master of Counseling Psychology from the Seattle School of Theology and Psychology. He is the founder of ReStory Counseling and Restoration Project, and the author of Man Maker Project, Brotherhood Primer, and Sage. He and his wife, Beth, served for a decade in international missions in the Middle East with Cru, having served as the National Campus Director and part of the Regional Leadership Team.



Tracy Johnson

Tracy Johnson is the Storywork Supervisor at ReStory Counseling and the founder and CEO of Red Tent Living Magazine. She has a Certificate in Narrative Focused Trauma Care from the Allender Center, 17 years experience as a sexual abuse recovery small group leader, 10 years as trainer/supervisor and has authored and trained on abuse recovery curriculum. She was a leader in the creation of the Silence Is Not Spiritual movement in response to #metoo and #churchtoo. She served as the Executive Director of an international sexual abuse recovery ministry, and continues, with her husband Mark, to serve in pastoral ministry.



Experience Matters

Both individually and collectively, Chris and Tracy have consulted with dozens of churches and ministry organizations, ranging from small local congregations of just three staff to large international organizations with 25,000+ staff.

Together they combine their personal ministry experience with their formal training to provide a range of services to churches and organizations. Given the nature of their work in the realms of trauma, abuse, spiritual abuse, narcissistic leadership, personal and leadership failures, etc., it is ReStory's policy to maintain the identity and content of all our clients (both individually and organizationally) in confidence.

Mental Wellness Partnership Program

Many churches and ministries enter into an official partnership with ReStory as a human resource benefit to their staff. We can create subsidized counseling or storywork packages, reimbursements, and other processes unique to your organization. With a Storywork Coaching team enabled to work across state and country lines, we've been able to serve hundreds of vocational ministers. Additionally, we're able to arrange group discounts and packages for our various online courses and services.



Counseling and More

ReStory Counseling subscribes to the deeply hopeful, kind, and courageous work that integrates narrative therapy, inner healing, and spiritual warfare. Often, counseling settles for external change in behavior. And, while this is good and helpful, it does not enter the categories of the heart into which Jesus ultimately seeks to bring freedom.

We don't settle. We hold out hope for true life-change that comes from heart-change. Our aim is to help clients investigate the stories of their life, to see where they have been marred and wounded, and then to take up the pen to re-story their future in new, transformative and adventurous ways.





Individual Care

- 3-day individual and marriage counseling intensives in Colorado
- 5-day men's, women's, and marriage group intensives in Colorado
- Licensed individual, couples, and adolescent ReStory informed therapy in the state of Colorado
- Storywork Coaching
- Spiritual Direction

Online Courses

- Thrive Marriage Mentoring Program
- Thrive Marriage Lab
- The ReStory® Course

Packages

- Sabbatical Coaching
- Pre-field Assignment Preparation

Thrive Marriage Mentorship Program

For one price, the Thrive digital Mentorship Program offers a marriage ministry for your church, a training program for mentors, and relief to you, the one who has been holding so much for so long. You need easy. You need a biblical, affordable, user friendly program to help the marriages in your church succeed.





Bring Us To You

Looking for retreat or conference speakers, leadership development, workshops, or more?

Our ReStory® trained staff will take your participants beyond tips, techniques, and verses to deeper spaces of the heart.

Equipping Men

Our brother organization, Restoration Project, offers resources to churches for developing a deeper men's ministry through Brotherhood group material, Brotherhood retreats, and unique experiences on the trail. Additionally, they offer resources for fathers and highly sought after experiences for dads and kids ages 8-18.

Learn more at www.RestorationProject.net



RESTORATION PROJECT

Engaging Women

Our sister organization, Red Tent Living, offers an online community and live retreats and experiences for women to process stories at the intersection of womanhood and faith.

Learn more at www.redtentliving.com





ReStory
Counseling. Courses. Consulting.

Contact Information

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