



### **RESTORATION COUNSELING**

#### CONTACT ME AT



Restoration Counseling 155 W. Harvard St. Suite 401 Fort Collins, CO. 80526



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www.restorationcounselingnoco.com



@Lisa-Russell

#### EDUCATION

- B.A. Communication Arts and Public Speaking (North Park University)
- Certificate of Completion in Narrative
  Based Trauma Counseling
  (The Allender Center at The Seattle
  School of Theology and Psychology)
- Certified Spiritual Director (Sustainable Faith)
- Certified Enneagram Practitioner (Crossroads Soul Resources-An IEA Accredited Program)

## WHAT OTHERS ARE SAYING

"JUST WANTED TO SAY WHAT A GREAT JOB LISA DID WITH US WALKING THROUGH THE ENNEAGRAM. HER INVITING AND GENEROUS SPIRIT WELCOMED US INTO A TIME OF LEARNING THAT WAS CONVICTING, ENCOURAGING AND TONS OF FUN! THE TIME WE HAD WITH HER FLEW BY AND OUR TEAM COULDN'T STOP TALKING ABOUT IT.

SO GRATEFUL FOR YOU ALL IN OUR COMMUNITY! THANKS FOR WHAT YOU'RE DOING!"

- ENNEAGRAM PARTICIPANT

# LISA RUSSELL

# SPEAKER ENNEAGRAM TRAINER SPIRITUAL COUNSELOR/DIRECTOR

#### PERSONAL PROFILE

I am a Spiritual Counselor/Director who hopes to see people come alive as they engage in their story and discover their true self.

#### ENNEAGRAM TRAINING

# Half Day Training

3 Hours | \$500 + material costs

- Type Descriptions
- Relating to each type/Empathy

# **Full Day Training**

6 Hours | \$1000 + material costs

- Type Descriptions
- Relating to each type/Empathy
- Using the Enneagram for Transformation
- Storywork groups



Certified
©iEnneagram
Motions of the Soul
Practitioner
crossroadssoulresources.com



#### SPEAKING EVENTS AND RETREATS

# **Keynote Speaker**

20minute - 45 minute Talk Price- TBD (Ask for a quote)

## Retreats

Full Day, Weekend or Full Week Price- TBD (Ask for a quote)

# Topics Include (but are not limited to)

- Story: How our Narratives Filter our Present Day Lens
- The Enneagram: Living into our True Selves
- The Stages of Faith and Spiritual Formation
- The Contemplative Life: The Healing Power of Spiritual Disciplines